

Individual Counseling

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Through counseling, individuals receive emotional support from licensed professionals, who are trained in evidenced based techniques, that will work with you to resolve problems, conflicts and understand feelings. Diagnosis and Treatment specialization includes but not limited to:

Mood Disorders

Depression

Bipolar Disorder

Anxiety Disorders

Social Phobia, PTSD

Generalized Anxiety disorders

Panic disorders

Obsessive Compulsive Disorders

Schizophrenia and relate

Trauma Related Disorders

Personality Disorders

Family Problems

Relational Problems

Substance Abuse

Abuse Survivors
Identity Disorders