

Becoming an OBHAW client

Becoming an OBHAW Client



Come see Us

Come to an OBHAW Walk-In Clinic or receive a referral to OBHAW services.

Tell us your Story

Your first appointment with a Mental Health Professional at an OBHAW Walk-In Clinic will feel a little bit like an interview. We want to hear your story, and find out where our services might fit into that story.



Placement with a Therapist

Our Walk-In Clinic Mental Health Professional will partner you with a therapist for your ongoing treatment at OBHAW.

Treatment Plan and Goals

You and your therapist will work together to develop personalized goals and a plan for how to achieve those goals through treatment.



Treatment

Based on the plan you and your therapist develop, you will participate in various types of treatment at OBHAW.

Healing

We hope that you will quickly begin to see change in your own life and find healing!

