CLIMB: Child and Adolescent Center

☐ Listen to this

What does "CLIMB" stand for?

- C | Children
- L | Learning &
- I | Implementing
- M | Mindful
- **B** | Behaviors

The CLIMB Center provides support to strengthen families and improve the emotional, behavioral, and academic wellbeing of children and adolescents in our community. Children are referred to CLIMB due to an inability to maintain in a regular preschool or public school environment. Children referred to CLIMB may be experiencing behavioral challenges, emotional instability, or difficulty with overall social functioning. Such struggles can hinder academic performance and create a cycle of office referrals, suspensions, inpatient hospital placements, and eventually expulsion. Our mission is to treat these areas and successfully transition them back to their public school environments so they can go on to reach their academic goals.

CLIMB is opened year around, Monday-Friday, from 8am-3pm. Daily activities include traditional classroom and online learning periods , group therapy, individual therapy,

breakfast/lunch/snack times, and indoor/outdoor recreational activities to improve health and social functioning. CLIMB also offers psychiatric services, medication management, family therapy, parenting education, and family assistance through our OBHAW Wrap-Around program.

For teens 16-18yo who are pursuing their GED, course work is assigned based on their entrance level TABE scores in order to help them progress without becoming overwhelmed. Our GED clients also receive individual, family, and group counseling. GED program days are Monday-Thursday. GED hours are flexible in order for clients to also pursue and maintain part-time employment.

CLIMB accepts ages 4-18 years old. Children and teens are typically referred to CLIMB by teachers, counselors, juvenile court officers, outpatient and inpatient mental health staff, and primary care doctors. If you would like more information about CLIMB, please contact our director, Kaylee Fox, Monday-Friday, between the hours of 8am-4pm by phone or email at: 501-620-5279 or kayleef@obhaw.org.

Public Release Data <u>USDA Food Program</u>

Wellness Policy